



Flash
3-1-2021

Barking; potty issues; nail biting

Stuck at age 3 weeks

Programming

- feminine habit program connected to “I am invisible”
- encrypted limitation program connected to “I am all alone”
- pathogenic habit program connected to “No one cares”

Energetic Obstacles

Confusion to...

- acknowledging what is seen energy connected to distressed
- being peaceful energy connected to horrible
- expressing love energy connected to jumpy
- having blessings energy connected to empty

Emotion Code

- belittled
- embarrassment
- emptiness
- obnoxious
- isolated
- ignored
- over it
- mediocre

Adversarial Attacks/Influences

- adversarial loop connected to “I am helpless”
- adversarial hook connected to veins connected to overlooked
- veil of darkness connected to hindered
- adversarial curse connected to forgotten

Resistance to allowing peace energy connected to excessive effort

Energies

- parental disapproval energy connected to downcast
- punishment energy connected to excruciating
- post traumatic trauma energy connected to rused
- punishment energy connected to looming & distressed

Released absorbed emotions

Released dark and negative cords

Diffuse 3 drops of Balance at night for 3 weeks.

More can be released in 3 weeks.

Thank you and I hope you enjoyed your session. Please remember to drink a lot of water and rest when you can. If you notice light-headedness, dizziness, nausea, headache, or are feeling more emotional, these can be processing effects from releasing and adjusting energetically. They usually pass within 1-2 days.
Please let me know if you have any questions. nicole@nicolervincent.com. If you would like to book another session, please visit <https://www.nicolervincent.com/services>

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. These products and/or recommendations are not intended to diagnose, treat, cure or prevent any disease. Consult your physician before making any changes.

*Holistic Empowerment sessions & other notes are for educational purposes only. Please use your own intuition, along with divine guidance for additional insights and clarity. Notes and recordings are **not** to be shared or published to others.*

Links shared may result in a commission paid to Nicole Vincent, but does not affect the price for you.